

How can we help you today?

Our goal is to meet you where you're at and connect you with the information, resources, and support you need right now. Most of all, we want you to feel seen, heard and understood.

Do you need...

- Information about an eye drop?
- Suggestions for daily coping strategies?
- Advice about what questions to ask your eye doctor?
- A Zoom group?
- Someone to talk to?
- Just some way to feel less alone with your eye issues?

Reach out today!

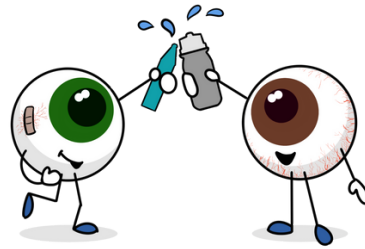
I wanted to thank the Dry Eye Foundation and DryEyeTalk for existing... What's been truly life-changing is the emotional support provided between members and feeling of not being alone.

-A Facebook User

Overwhelmed?

Need one-on-one help?
Contact the Dry Eye Helpline.

800-484-0244 x9



The Dry Eye Foundation is a 501(c)(3) nonprofit organization.

We incorporated in 2018 as an outgrowth of the Dry Eye Zone, a patient-run resource center established in 2005.


In addition to supporting and advocating for our patient community, we work to educate medical providers, industry and the public about our community's needs.


Support our work!
Donate or become a member at dryeyefoundation.org

the
dry eye foundation

Hope and help for people with ocular surface diseases

 info@dryeyefoundation.org

 800-484-0244

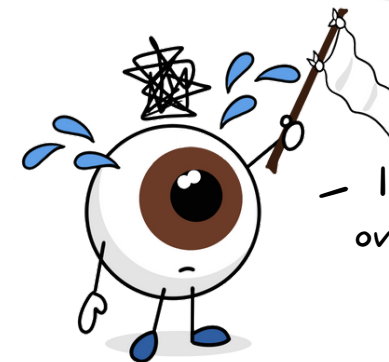
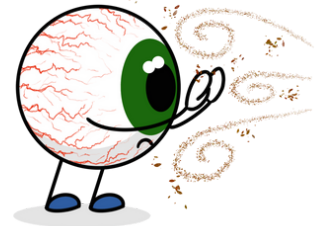
 26273 12 Trees Lane NW
Suite M
Poulsbo, WA 98370

Living with Dry Eye Disease



- I have so many questions!

I'm struggling to cope.



- I'm a little overwhelmed!

Visit us!



The Dry Eye Foundation is here for you.

Let's get connected.

Struggling? Feeling isolated?

Get connected

Visit: dryeyefoundation.org

Call/text: 800-484-0244

Email: info@dryeyefoundation.org

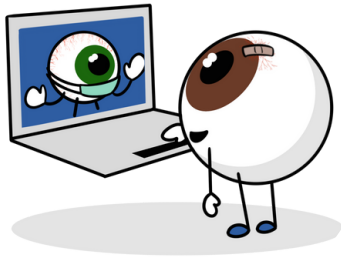
I want to connect with others

- Join one of our weekly Zoom Support Groups
- Join a Facebook group or our DryEyeTalk forum
- Read stories at dryeystories.com

I'm in over my head.

I've hit a wall.

- Schedule a call with our Dry Eye Helpline for support



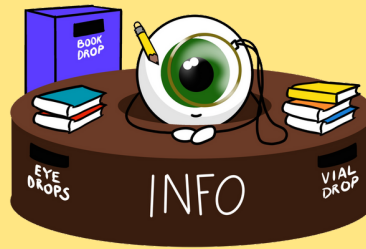
Find answers at dryeyezone.com

Get the information you need

- Understand your diagnosis
- Learn how to prepare for appointments
- Compare over-the-counter eye drops
- Explore information about medical treatments
- Learn about home remedies and lifestyle modifications
- And much more

Learn to manage dry eye

- At home
- At work
- Outdoors
- While traveling



Join **myDEF**

- Register for Zoom events
- Join mailing lists and manage subscriptions
- Search and apply for volunteer projects
- Manage your donations
- Become a member

Join at dryeyefoundation.org/mydef

Dry eye disease is so isolating but I realize I am not alone. The Dry Eye Foundation is doing critical work to support and advocate for patients like me.

-Molly



Restoring hope

Dry eye disease takes a toll—functionally, emotionally, and financially. As a connected community, we can support each other and pool our experiences to navigate the hard places.

Redefining disease

Ocular surface disease • Ocular surface pain
As we begin to understand our disease differently, we can communicate about it more effectively - individually and as a community.

Reshaping the future

Together, we can change how our needs are understood and partner with others to visualize and work towards better solutions.